BVM Ventilation Tips

•Ventilations – People with small hands may benefit from positioning the notch between the thumb and forefinger as close to the stem of the mask as possible before putting the three fingers under the chin.



 Pull up with the fingers instead of pushing down on the mask. This way the thumb can help seal the top of the mask while your fingers pull the jaw into the mask to open the airway.



Lift the jaw into the mask